

Drug and Alcohol Abuse and Prevention Information

Richmond Community College complies with the Drug-Free Schools and Communities Act (Public Law 101-226) and Drug and Alcohol Abuse Prevention Regulations. These regulations prohibit the unlawful manufacture, distribution, dispensation, possession, or use of a controlled substance or alcohol while on college premises or as part of any college-sponsored activities. Drug and Alcohol Abuse and Prevention Information is available to employees in the RichmondCC Policy and Procedure Manual, and to students on the Student Consumer Information page on the RichmondCC website and in the RichmondCC Student Handbook.

Standards of Conduct

The use and abuse of drugs and alcohol has been identified as conduct which adversely affects the college community and threatens the safety of its members. Various federal, state and local statutes make it unlawful to manufacture, distribute, dispense, deliver, or sell controlled substances. The penalty imposed depends upon many factors which include the type and amount of controlled substance involved, the number of prior offenses (if any), whether death or serious bodily injury resulted from the use of such substance, and whether any other crimes were committed in connection with the use of the controlled substance.

Disciplinary Sanctions

RichmondCC will review each case on an individual basis. Disciplinary sanctions imposed will be determined by the appropriate administrator or disciplinary committee consistent with College policy.

Health Risks

Specific serious health risks are associated with the use and abuse of drugs and alcohol. Some major risks are listed below:

Alcohol and Other Depressants (barbiturates, sedatives, and tranquilizers)—Addiction, accidents as a result of impaired ability and judgment, alcohol poisoning, overdose when used with other depressants, damage to a developing fetus, heart and liver damage.

Marijuana--Impaired short-term memory, thinking, and physical coordination. Can cause panic reaction and increase the risk of lung cancer and emphysema. Can interfere with judgment, attention span, concentration, and overall intellectual performance. Impairs driving ability. May cause psychological dependence and compromise the immune system.

Cocaine-Addiction, cardiovascular system damage including heart attack, brain damage, seizures, lung damage, severe depression, paranoia, psychosis. Similar risks are associated with other stimulants, such as speed and uppers.

Inhalants—Inhalants are a diverse group of chemicals that easily evaporate and can cause intoxication when their vapors are inhaled. Most inhalants are central nervous system depressants. Use of these drugs slows down many body functions. High doses can cause severe breathing failure and sudden death. Chronic abuse of some of these chemicals can lead to irreversible liver damage and other health problems.

Nicotine—Tobacco smoke contains thousands of chemical compounds, many of which are known to cause cancer. Nicotine, which is a central nervous system stimulant, produces an increase in heart and respiration rates, blood pressure, adrenaline production and metabolism. People can rapidly become physically and psychologically dependent on tobacco. It also compromises the immune system.

Prescription Drug Abuse—Adverse reactions, dependency, withdrawal, and overdose.

Available Drug and Alcohol Counseling, Treatment, and Rehabilitation Programs

Because of the serious problems which can arise from alcohol and drug use and abuse, information concerning drug and alcohol counseling, treatment and rehabilitation programs is available from any counselor in Student Services. Students who seek counseling or medical assistance on campus as a result of alcohol or drug use and abuse can do so with the assurance that strict counseling confidentiality will be observed. No campus disciplinary action will result from information disclosed within the bounds of counseling.

Following is a list of some area alcohol and drug treatment centers. Richmond Community College does not endorse any treatment providers, nor does the college provide financial support for the students' treatment programs.

Richmond County Resources

Mental Health and Substance Abuse Treatment Resources:

Daymark Recovery Services: 910-895-2462 or <http://www.daymarkrecovery.org/>
116 Lawrence St, Rockingham, NC 28379

Emergency Contact: If you are in crisis, please call 1-866-275-9552 to be connected to a clinician.

Sandhills Center for Immediate Assistance: 1-800-256-2452 or www.sandhillscenter.org

Alcoholics Anonymous & Narcotics Anonymous: To obtain information on an updated schedule of meetings please call 910-997-5174, 910-895-8623, or Samaritan Colony at 910-895-3243.

Scotland County Resources

Mental Health and Substance Abuse Treatment Resources:

Eastpointe Mental Health: 1-800-913-6109 Available 24 hours / 7 days or
<http://www.eastpointe.net/>

Generations Health Team: 910-291-9909 or <http://treatment-facilities.healthgrove.com/l/6866/Generations-Health-Services-LLC> (Mental Health and Substance Abuse)

Scotland County Family Counseling Center: 910-276-7011 or
<http://www.scotlandcounseling.org/> (Mental Health Counseling)
601-B Lauchwood Dr, Laurinburg, NC 28352

Al-Anon: 1-800-356-9996

Out of State Resources

Alcoholics Anonymous: <http://www.alcoholic-anonymous.org/>

Narcotics Anonymous: <http://na.org>

Al-Anon: <http://www.al-anon.org/>

National Institute on Drug Abuse: <http://www.drugabuse.gov/>

Substance Abuse Treatment Facility Locator: <http://findtreatment.samhas.gov/>